



Informational Trainings For New Army National Guard Families

If you are a family member new to the Army National Guard and would like to learn more about the basic information of “Guard Life” along with learning how families get help in times of need, then the following trainings will help you to begin this new journey.

Army National Guard 101: Learn the history and mission of the Army National Guard along with acronyms, terms and military life.

Family Readiness Group Overview: This training will help individuals gain a good understanding about the role of the FRG (Family Readiness Group) within a unit.

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